



Feldenkrais Network International e.V.

Geschäftsstelle: CH-5400 Baden – Martinsbergstraße 44 – Tel. +41 56 222 89 08
info@feldenkraisinternational.org

Eucation, Training and Advanced Training Schedules

§ 1 Predispositions for Training

A-level (Matura) or professional qualification. Testing of the qualification by introductory seminar. Report on motivation and admission interview.

§ 2 Professional training

2.1 Duration:

Occupational Classes (training)

According to the training institute the training lasts three to five years with at least 840 hrs The perennial training of the trainees (outside course hours) is accompanied by additional training in groups, self-awareness training, as well as attending lectures.

2.2 Types of Training:

Verbal coaching with practical training in a group as well as self- awareness training. Background information is provided by contributions deriving from different special fields.

2.3 Contents of Training Main lessons:

Feldenkrais- Awareness by movement Feldenkrais – Functional integration Teachers

2.4 Assistance with the Main coaches.

(certified coaches/trainers)

§ 3 Advanced training

Enlargement and deepening of the professional and main training:

At least 20 hours annually. Control every 2 years.

§ 4 Advanced training

The Feldenkrais Network International e.V. strives to present different techniques to the members during the General Meeting.

Würzburg, 30.04.2023.



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Complaint Rules:

§ 1 Competence

The 1. chairman of the association is responsible for the treatment of complaints. He / she is striving for an amicable solution (conciliation procedure). If no agreement can be reached, the complaint is forwarded to the independent appeals commission of the OdA KT (CH). The compensation of expenses of this commission is referred to the expenses and charges complementation regulation of the umbrella organization OdA KT (CH).

All persons involved shall treat the information regarding the complaint procedure strictly confidential.

§ 2 Grievances leading to Sanctions

- 2.1 Failure to perform the statutory duties and violation of the interest of the Feldenkrais Network International e. V. and its members.
- 2.2 Violation of the regulations, guidelines or the model of the Feldenkrais Network International e. V.

§ 3 Procedures

- 3.1 Written, detailed submission of the complaint to the Board of the Association of the Feldenkrais Network International.
- 3.2 Invitation for a personal interview with the Board (at least two members present) of the Feldenkrais Network International, the complainant and the complaint defendant. Common (ev. mutual?) conversation.
- 3.3 On settlement: creation of a shared decision protocol, including any agreements on settlement of complaints including binding dates of fulfillment of agreements and ways of controlling the compliance of the requirements.
This has to be duly signed at the latest one month after meeting by all members.
- 3.4 In case no agreement is settled the complaint can be forwarded to the independent complaint commission of the OdA KT (CH). In case this commission does not reach any agreement either, the following sanctions can be imposed:
 - a) Restraints on fulfillment of the interest of the Feldenkrais Network
 - b) Restraints on setting of actions violating the interests of the Feldenkrais Network International e. V.
 - c) Application to the Board for Feldenkrais Network International e.V. to prohibit the impacted person from using the “Feldenkrais- Method” according to the regulations of the Feldenkrais Network International e. V.



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§ 4 Appeal Procedures:

On sanctions of the complaint commission there is a right to appeal to the board in writing to the attention of regular General Meeting within a 30 day period. The General Member Meeting decides on the matter with last jurisdiction. The appeal to the MGV shall have no suspensive postponing? effect on the sanctions.

Würzburg, 30.04.2023

www.feldenkraisinternational.org – info@feldenkraisinternational.org

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Bankverbindung Schweiz: Raiffeisenbank, CH- Baden: IBAN: CH16 8080 8002 8720 2063 0 / BIC: RAIFCH22XXX



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Ethical guidelines:

The Feldenkrais-Method is a body orientated method of learning, aiming at the improvement of the trainee's self image and human potential.

The training solely serves to improve the skills of the trainee.

The coach approaches the trainee with the utmost respect, tolerance and appreciation of the person, independent from ideology, gender or sex.

The coach considers the current situation of the trainee and supports his development. The exercise of work depends on the maintenance of mutual confidence and insight into the necessity of a strictly professional relationship. Thus among other things it is impossible to take advantage of emotional dependence or to gain other selfish advantages. The rule of dealing with protégés applies for the coach/practitioner's handling of trainees.

The Feldenkrais coach/practitioner points out to the trainee that the Feldenkrais Method is a method based on organic learning and not a healing method.

All information that is provided to the trainer about the trainee shall be treated strictly confidential. Especially sound or visual recordings during lessons are allowed only with the explicit consent of the trainee, as well as dissemination and publication of these data.

Fee arrangements or other regulations regarding the duration and frequency of the training shall be agreed on before the work starts.

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Financial regulations

§ 1 General Regulations

The financial regulations control the assets and cash management in addition to the statutes of the Feldenkrais Network International e. V. It is binding for all members.

§ 2 Finance Economy/Financial Management

The financial management of the Feldenkrais Network International e. V. shall be performed according to economic principles within the budget.

§ 3 Cash audit/ Revision

- 3.1 The budget, cash and account audit of the association is examined by the two elected cash auditors/ revisers.
- 3.2 The number of appointments for examinations remains subject to the auditors.
- 3.3 The cash audit has to take place at least one time annually. The compulsive viewing has to be performed in such way, that the revisers can fulfill their duty of reporting.
- 3.4 Extraordinary audits are possible. They have to be performed if one of the following applies:
 - a) The board decides on it
 - b) 5% of the electorates in the general meeting request this in writing.
- 3.5 All documents to be inspected must be submitted in full.
- 3.6 An audit protocol/ revision report stating the result has to be submitted to the attention of the board and the General Assembly Meeting

§ 4 Travel allowance:

- 4.1 Travel allowance is only provided on agreement of the board and includes:
 - a) Reimbursement of travel expenses
 - b) Kilometer allowance
 - c) Accommodation costs
- 4.2 The amount of compensation is listed in the following table:

Allowance per kilometer (Switzerland) amounts to 0,70 SFR or second class train ticket compensation.

Allowance per kilometer for all other countries 0,50 € or second class train ticket compensation.
- 4.3. Costs for accommodation and catering are being compensated on presentation of the relevant original bills.



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§ 5 Office

Reimbursement for office amounts to at the maximum CHF 600.- per month.

The spectrum of functions is determined in consultation with the Executive Board.

This regulation will come into force in Würzburg on 01.04.2017 and will replace all regulations existing until then.

Würzburg, 30.04.2023